

# *Appetizers*

Sow Cooked Oats "Du Jour"

*This Week's Ingredients Slowly Cooked* 6

Roasted Tomato Soup

*Made with Fresh Roasted Plum Tomatoes and a Touch of Cream* 5

Fishermen's Chowder

*Tomato & Cream based Seafood Chowder* 5

The "Wedge"

*A Wedge of Crisp Iceberg Lettuce with Chef's Blue Cheese Dressing,  
Tomatoes, Sliced Red Onions & Bacon* 8

*Fresh Fruit, Granola & Greek Yogurt* 10

"Lobster Stuffie"

*Half of a 1 lb Lobster with Chouriço,  
Portuguese Sweet Bread & Lobster Claw Stuffing* 17

Chef Matt's Mussels

*with Spanish Chorizo, Shallots, Garlic, Tomato, Beer,  
Light Cream, Pesto and Baguette* 14

Bacon Wrapped Beef

*Roasted Beef Tenderloin & Sirloin Pieces Wrapped in Bacon  
with Fried Onions and Choice of Blue Cheese Dressing or BBQ Sauce* 15

# *Entrée Salads*

Chicken Caesar

*Grilled Chicken Tenderloins over Salad of Romaine Hearts,  
Croutons, Asiago Cheese and Caesar Dressing* 14

Lobster Caesar

*Our Famous Lobster Salad served over Romaine Hearts,  
Croutons, Asiago Cheese and Caesar Dressing* 19

# **Burgers, Brunchwiches & Eggs**

***All of the following are served with Home Fries unless otherwise stated***

## **"Hangover Burger"**

*Perfect for waking up in the afternoon. This Burger is served with Cheddar Cheese, atop Corned Beef Hash & with a Fried Egg on top 11*

## **Cheddarburger**

*Simply Grilled with Cheddar Cheese 9*

## **Baconburger**

*Warm Bacon under Melted Cheddar 11*

## **Swiss- Mushroomburger**

*Sautéed Mushrooms under Melted Swiss 11*

## **"Grilled Cheese & Tomato Soup"**

*Thick Cut Bread with Bel Paese Cheese, Prosciutto & Pesto 11*

## **Plain Grilled Cheese & Tomato Soup 10**

## **Smoked Salmon BLT**

*Smoked Salmon, Hard Boiled Egg, Avacado, Bacon, Lettuce & Tomato 14*

## **"Croque Madame"**

*Open-Faced Black Forest Ham & Swiss on Thick Cut Bread with a Fried Egg & Béarnaise Sauce 11*

## **Crow's Nest**

*Corned Beef Hash over Melted Bel Paese Cheese on Thick Cut Sourdough Bread with Two Fried Eggs & Béarnaise Sauce 11*

## **Sausage, Egg and Cheese Sandwich 9**

## **Bacon, Egg and Cheese Sandwich 9**

## **Newport Style Lobster Roll**

*Dressed with Lemon Aioli & No Filler 16*

## **Omelette**

*French Folded Three Egg Omelette with Sautéed Mushrooms, Caramelized Onions & Bel Paese Cheese 13*

\*Consuming raw or partially cooked foods may increase your risk of food borne illness, especially if you are in a high risk category.  
All food is made to order. The chef is extremely good-looking. A twenty percent gratuity will be added to parties of six or more persons.